



TAMI KAROL
INSURANCE

2440 SE Federal Highway,
Suite W
Stuart, FL 34994

Phone: 772-781-7720
Fax: 772-781-7820
www.TamiKarolInsurance.com

Disaster Supply Kit

- Drinking water (at least 1 gallon per person day for 3 to 7 days)
- Non Perishable food:
 - Canned meats
 - Canned soups
 - Cereal
 - Crackers
 - Cookies
 - Instant coffee and tea
 - Peanut butter
 - Juice boxes
 - Milk boxed, powdered or evaporated milk
 - Canned prepared foods such as canned spaghetti, stew, or chili.
 - Shelf stable meals.
- Baby supplies (if necessary)
 - Baby food
 - Disposable diapers
 - Baby Wipes
 - Baby Powder
- Disposable plates, glasses and utensils
- Paper towels
- Toilet paper
- Pet Supplies (if necessary)
 - Pet food
 - Kitty Litter
 - Pet Medication
 - Muzzle, leash, carrier and collar



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Disaster Supply Kit

- Manual can opener
- Battery-operated television or radio
- Battery-operated clock
- Spare batteries
- Flashlights
- Waterless Hand Sanitizer
- Disposable Hand Wipes
- Bleach or water purification tablets
- Soap and detergent
- Rain gear
- Charcoal and lighter fluid
- Waterproof matches
- Ice chest and ice
- Trash bags
- Valuable papers in a waterproof bag or container
- Family photographs and mementos in a waterproof bag or container
- Extra supply of necessary medicine
- Vehicles fully fueled
- Extra cash on hand (ATMs may not work for a while)
- Cellular telephone fully charged
- Rotary telephone
- Basic Tool Set
- Hardware store supplies such as plywood, nails, screws, tapcons, and tarps